

## BEAT, BROKE, BACKPACKING

# SOUTHEAST ASIA PACKING LIST



### LOOK CUTE

Tank Tops  
Shirts That Cover Shoulders  
Light Jacket/Button Down Shirt  
Rain Jacket  
Sports Bras/Bras  
Underwear  
Comfy Shorts  
Long, Flowy Pants  
~Nice "Going Out" Outfit~  
Socks!  
Sneakers/Trainers  
Nice Sandals  
Flip Flops  
Fanny Pack/Bum Bag  
Headbands/Hair ties  
Sunglasses

Packable Coat (optional)

### BLOG AWAY

Camera (& Charger)  
Disposable Camera  
Extra Batteries  
Camera Stand  
Smartphone Stand  
Phone (& Charger)  
Charging Stick  
Laptop (& Charger)

Kindle!

### OMMMM.....

Travel Yoga Mat  
Yoga/Travel Towel  
Mat Strap  
Mala

### GET CLEAN

Body Wash  
Shampoo  
Face Wash Routine  
Hand Sanitizer/Tea Tree  
Deodorant  
Toothpaste/Toothbrush  
Ultrabalm  
Sunscreen  
Bug Spray

### YOU'LL THANK ME LATER

Cranberry Pills  
Hydration Tablets  
Dramamine  
Pepto Bismol  
Neck Pillow  
Toilet Paper  
Baby Wipes  
Cramp Balm

Sleeping Bag